

# Gluten Free Menu

## FROM THE CHARGRILL

RIB EYE 400GM .....	\$43.90
PORTERHOUSE 350GM .....	\$35.90
EYE FILLET MEDAILLIONS 250GM .....	\$37.90

ALL STEAKS ARE CHARGRILLED, COOKED TO YOUR LIKING WITH YOUR CHOICE OF GARLIC BUTTER, MUSHROOM OR PEPPER SAUCE SERVED WITH CHIPS & SALAD

## KIDS MEALS

CHICKEN NUGGETS & CHIPS .....	\$8.50
GRILLED FISH & CHIPS .....	\$8.50
GRILLED PARMA & CHIPS .....	\$8.50
KIDS ROAST served with gravy & vegetables.....	\$8.50

## Main Fare

<b>GARLIC PRAWNS</b> .....	\$29.90
Pan seared in a creamy garlic, parsley & white wine sauce, served with rice & salad	
<b>ATLANTIC SALMON</b> .....	\$27.90
Grilled salmon with cherry tomato, asparagus & spinach salad topped with a dill mayonnaise	
<b>CHILLI MUSSELS</b> .....	\$26.90
Mt Martha mussels cooked in a rich tomato & chilli sauce	
<b>SEAFOOD PAELLA</b> .....	\$29.90
Fresh mussels, prawns, scallops, calamari, & fish pieces with saffron & green peas	
<b>CHICKEN SCALOPINI</b> .....	\$26.90
Thinly sliced chicken with sautéed mushrooms, cream & Dijon mustard served with mashed potato & asparagus	
<b>CHICKEN ALEISHA</b> .....	\$26.90
Grilled breast with bacon, mushroom & avocado cream sauce served with shoestring chips or vegetables	
<b>CHICKEN PARMA</b> .....	\$25.90
Grilled chicken breast topped with tomato, ham & cheese served with shoestring chips or vegetables	
<b>ROAST DUCK</b> .....	\$28.90
Half roast duck served with a sweet potato mash, asparagus & gravy	
<b>LANGY PUB LAMB SHANKS</b> .....	\$27.90
Slow braised hind quarter shanks with winter vegetables & red wine sauce served on mashed potato	
<b>LAMBS FRY &amp; BACON</b> .....	\$23.90
Thinly sliced, grilled & served with crispy bacon & gravy	

## Disclaimer

Our Gluten free foods are prepared in a kitchen where foods containing wheat, milk, soy, nuts and seeds etc. are also prepared. Beretta's Langwarrin Hotel is sensitive to the dietary needs and concerns of our consumers and we provide gluten free foods in response to customer request, but we cannot ensure that cross contamination of ingredients does not occur in our kitchen. Please be aware that during kitchen operations, glutinous items are prepared during the day, although during our gluten-free preparation process we only use gluten free items. Please be aware that there is a possibility that food items will come into contact with wheat and/or gluten. Accordingly, we do not recommend consumption of our gluten free foods by those with Celiac disease.

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## Oysters

Fresh Tasmanian Oysters (Minimum of 6)

- > NATURAL ..... \$3.20ea
- > KILPATRICK ..... \$3.50ea

## SIDES

- BOWL OF SHOESTRING CHIPS ..... \$9.50
- SIDE OF VEGETABLES ..... \$4.50
- FRESH GARDEN SALAD ..... \$4.50
- SIDE OF MASHED POTATO ..... \$4.50
- SIDE OF SHOESTRING CHIPS ..... \$4.50
- SIDE OF COLESLAW ..... \$4.50

## FROM THE *Wok*

- NASI GORENG ..... \$25.90  
Indonesian style fried rice with shrimps, pork, chilli, peas, bean shoots, sweet soy sauce
- CHICKEN & CASHEWS ..... \$25.90  
Chicken breast & wok tossed with Asian stir fried vegetables & rice with sweet soy sauce
- LAMB MADRAS ..... \$25.90  
Mildly spiced Indian curry served with basmati rice
- PANEER JALFREZI ..... \$24.90  
Vegetarian curry with vegetables & chicken, tomatoes, onion, peppers & rice

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## SALADS

- TRADITIONAL CAESAR ..... \$19.90  
Cos lettuce, crispy bacon & parmesan in a creamy Caesar dressing topped with a poached egg (anchovies optional)  
> Add chicken ..... \$5.00  
> Add smoked salmon ..... \$6.00
- THAI BEEF SALAD ..... \$25.90  
Tender fillet pieces tossed through mixed salad leaves, tomatoes, capsicum, cucumber, peanuts, snow peas, bean shoots, spring onions & a coriander, lime & sweet chilli dressing
- GREEK PULLED LAMB SALAD ..... \$25.90  
Slow cooked lamb, tomato, Spanish onion & cucumber topped with a tzatziki dressing
- ROASTED CAULIFLOWER SALAD ..... \$22.90  
Turmeric roasted cauliflower, pomegranate, red capsicum & Spanish onion topped with slivered almonds & a harissa yoghurt dressing

## Risotto

- CHICKEN & MUSHROOM RISOTTO ..... \$25.90  
Shredded chicken breast, smokey bacon & button mushrooms topped with parmesan
- PORCINI & PEA RISOTTO ..... \$25.90  
Italian mushroom & green peas finished with goats cheese & white truffle oil
- DUCK RISOTTO ..... \$26.90  
Shredded roast duck cooked with port, baby spinach, pancetta & tomato topped with parmesan